

Phoebe Bridgers - This Isn't Helping (feat. The National)

tom:
 Capotraste na 3ª casa
 Intro: Em G Em G
 Em G D

[Primeira Parte]

Em
 I cannot believe what you
 G
 Get away with
 Em G
 You find beauty in anything
 Em G
 Whenever you look down into a sewer
 D
 You see a diamond ring
 Em G
 It isn't fair how you never look
 Like you're trying
 Em G
 As if you couldn't care any less
 Em G
 And I'm here, kicking myself
 To keep from crying
 D
 You say you're impressed

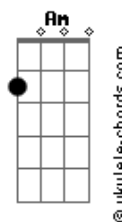
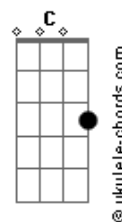
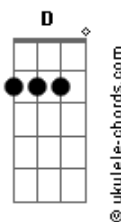
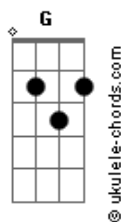
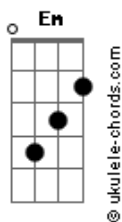
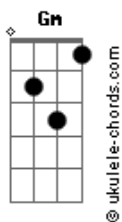
[Refrão]

C G
 But this isn't helping at all
 C G
 It only makes me wanna get further off
 C G
 This isn't helping at all
 D
 This isn't helping

[Segunda Parte]

Em G
 You say that this doesn't have to hurt
 Em G
 You're there if you need to be found
 Em G
 Can't you see that that makes
 It so much worse?
 D
 I'll always see you around
 Em G
 Maybe in time, we can give it
 One mor? try
 Em G
 But let's think about what matters now
 Em

Acordes



Keep kicking yourself to
 G
 Keep from crying
 D
 That, you'r? so right about

[Refrão]

C G
 'Cause this isn't helping at all
 C
 I know you think it's kindness
 G
 But it's not
 C G
 This isn't helping at all
 D
 This isn't helping
 [Bridge]
 Am Em
 Don't say that it's all your fault
 Am Em
 I know you're banking on it coming up
 Am Em
 But would your life be so bad
 D
 If you knew every single thought I had?
 Am
 'Cause I only have two things
 Em
 To say to you
 Am
 But you say two things about
 Em
 Everything, babe
 Am Em
 Well, just when I thought
 D
 You don't even notice me at all
 [Refrão]

C G
 'Cause this isn't helping at all
 C G
 It only makes me wanna get further off
 C G
 This isn't helping at all
 D
 This isn't helping
 C G
 This isn't helping at all
 C
 I know you think it's kindness
 G
 But it's not
 C G
 This isn't helping at all
 D
 This isn't helping