

# Phoebe Bridgers - This Isn't Helping (feat. The National)

tom:  
 Capotraste na 3ª casa  
 Intro: Em G Em G  
 Em G D

[Primeira Parte]

Em  
 I cannot believe what you  
 G  
 Get away with  
 Em G  
 You find beauty in anything  
 Em G  
 Whenever you look down into a sewer  
 D  
 You see a diamond ring  
 Em G  
 It isn't fair how you never look  
 Like you're trying  
 Em G  
 As if you couldn't care any less  
 Em G  
 And I'm here, kicking myself  
 To keep from crying  
 D  
 You say you're impressed

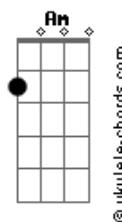
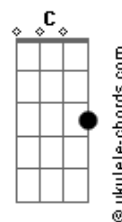
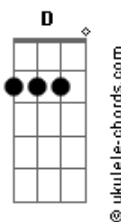
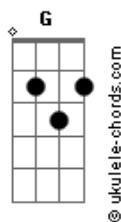
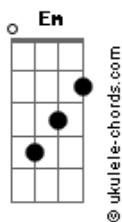
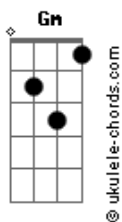
[Refrão]

C G  
 But this isn't helping at all  
 C G  
 It only makes me wanna get further off  
 C G  
 This isn't helping at all  
 D  
 This isn't helping

[Segunda Parte]

Em G  
 You say that this doesn't have to hurt  
 Em G  
 You're there if you need to be found  
 Em G  
 Can't you see that that makes  
 It so much worse?  
 D  
 I'll always see you around  
 Em G  
 Maybe in time, we can give it  
 One mor? try  
 Em G  
 But let's think about what matters now  
 Em

## Acordes



Keep kicking yourself to  
 G  
 Keep from crying  
 D  
 That, you'r? so right about

[Refrão]

C G  
 'Cause this isn't helping at all  
 C  
 I know you think it's kindness  
 G  
 But it's not  
 C G  
 This isn't helping at all  
 D  
 This isn't helping  
 [Bridge]  
 Am Em  
 Don't say that it's all your fault  
 Am Em  
 I know you're banking on it coming up  
 Am Em  
 But would your life be so bad  
 D  
 If you knew every single thought I had?  
 Am  
 'Cause I only have two things  
 Em  
 To say to you  
 Am  
 But you say two things about  
 Em  
 Everything, babe  
 Am Em  
 Well, just when I thought  
 D  
 You don't even notice me at all  
 [Refrão]

C G  
 'Cause this isn't helping at all  
 C G  
 It only makes me wanna get further off  
 C G  
 This isn't helping at all  
 D  
 This isn't helping  
 C G  
 This isn't helping at all  
 C  
 I know you think it's kindness  
 G  
 But it's not  
 C G  
 This isn't helping at all  
 D  
 This isn't helping