

# Papa Roach - Help

Tom: D

**Bm** **G** **D**  
I think I need help  
**Bm** **G** **D**  
I'm drowning in myself

**Bm** **G**  
Did someone turn the lights out  
**D** **Bm** **G** **D**  
Or is it just another dark cloud in my head?

**Bm** **G**  
Cause I'm cut deep, my heart won't beat

**D**  
Deep down low it's killing me

**Bm** **G** **D**  
If I wanna scratch out yesterday

**D**  
I've got so much I need to say

**D**  
(I've got so much I need to say)

**Bm** **G** **D**  
I think I need help  
**Bm** **G** **D**  
I'm drowning in myself

**Bm** **G**  
It's sinking in, I can't pretend

**D**  
That I've been through hell

**Bm** **G** **D**  
I think I need help

**D**  
I'm drowning in myself

**Bm** **G**  
They're preying on my weakness

**D**  
Believe it

**Bm** **G** **D**  
I'm thinking to myself "No not again"

**Bm** **G**  
And I won't keep listening

**D**

When temptations creeping in  
**Bm** **G** **D**  
If I wanna make it another day  
**D**  
I've got so much I need to say  
**D**  
(I've got so much I need to say)

**Bm** **G** **D**  
I think I need help  
**Bm** **G** **D**  
I'm drowning in myself  
**Bm** **G**  
It's sinking in, I can't pretend

**D**  
That I've been through hell

**Bm** **G** **D**  
I think I need help

**D**  
I'm drowning in myself

(I'm drowning in myself)

**Bm** **G** **D**  
I think I need help  
**Bm** **G** **D**  
Cause I've put myself through hell

**Bm** **G** **D**  
I think I need help

**Bm** **G** **D**  
I'm drowning in myself

**Bm** **G**  
It's sinking in, I can't pretend

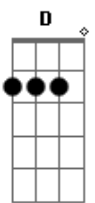
**D**  
That I've been through hell

**Bm** **G** **D**  
I think I need help

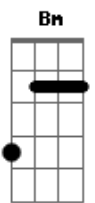
**Bm** **G** **D**  
I think I need help

**Bm** **G** **D**  
I think I need help

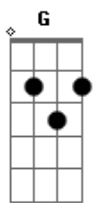
## Acordes



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