

# Nahko Bear And Medicine For The People - Budding Trees

Tom: C  
Intro: -Ho!

Verso

Tap me out...  
Tap me out and tap me in to you...

The body talks...

On the repeat, the last C goes into -ho!.

C Am (Intro) x2

Verso

C Am F C  
In the moon of the budding trees  
C Am F C  
I was gifted new eyes to see  
C Am F C  
All of the shifting shape and ways you can be  
C Am F C  
Wake the dreams into realities  
C Am F C  
Wake the dreams into realities  
C x3 (as in intro)

C Am F C  
Sunset diamonds trickle down our cheeks  
C Am F C  
The language of no words is how we speak  
C Am F C  
Pacha Mama spinning firelight  
C Am F C  
And a Little Bear singing by the fireside  
C Am F C  
Out of this city with the wind on our neck (Check)  
C Am F C  
Thats us whistling upon your neck  
C Am F C  
Moonlit diamonds sparkle into my mouth  
C Am F C  
Feels like hunger and it tastes like salt  
C Am F C  
Feels like hunger and it tastes like salt  
C x3 (as in intro)

Refrão

Am F C G  
So, tap me out and tap me into you  
Am F C G  
Heal my brain and my body too  
Am F C G  
Balance my chemistry hydrate these cells  
Am F G C  
Cuz the body talks and meditation helps  
Am F G  
The body talks and meditation helps  
  
C Am  
-ho! A-ho! A-ho! A-ho! A - ho! A-ho! A-ho! A-ho! A -  
C Am  
-ho! A-ho! A-ho! A-ho! A - ho! A-ho! A-ho! A-ho! A-ho!

Verso

C Am F C  
A little bit of cinnamon pours as we snoot  
C Am F C  
All up on my shit in the morning commute  
C Am F C

Coastal quiver on a quest through the dunes  
C Am F C  
Sandy toes and bottomless curves of the moon  
C Am F C  
Heavy lifting for Peles children  
C Am F C  
Hand of the goddess soaking cliffs keep building  
C Am F C  
Plate is full but appetite has dwindled  
C Am F C  
I feel a little sick so I keep the fire kindled  
C Am F C  
You the pillar steadfast light of bravery  
C Am F C  
And I, the dimly burning candle still shaking  
C Am F C  
Riddled fear quiver my bones so easy!  
C Am F C  
Well, youre the guru now so visualize healing  
C Am F C  
Yeah, youre the guru now so visualize leaving  
C Am F C  
Let her go for she can no longer feed you  
C Am F C  
And many children need that mana creature  
C Am F C  
Just barely missed you I was finally ready!  
C Am F C  
But you are a long gone too much heavy history  
C Am F C  
Yeah you are a long gone too much heavy history  
C Am F C  
Let go of blame that shit will never serve me!  
C Am F C  
Bless other men investigate your mystery  
C x4 (as in intro)

Refrão

Am F C G  
So, tap me out and tap me into you  
Am F C G  
Heal my brain and my body too  
Am F C G  
Balance my chemistry hydrate these cells  
Am F G C  
Cuz the body talks and meditation helps  
Am F G  
The body talks and meditation helps  
  
C Am  
-ho! A-ho! A-ho! A-ho! A - ho! A-ho! A-ho! A-ho! A -  
C Am  
-ho! A-ho! A-ho! A-ho! A - ho! A-ho! A-ho! A-ho! A-ho!

Verso

C Am F C  
Little spider weaves a wispy web  
C Am F C  
And stumbling through the woods it catches to my head  
C Am F C  
She crawls behind my ear and whispers secrets  
C Am F C  
Dragonfly wiz by and sings now teach it  
C Am F C  
Yeah, dragonfly wiz by and sings now teach it  
C Am F C  
Fork on the trail I watch you head up mauka  
C Am F C  
I turn makai and whisper, thank you sister  
C Am F C  
Edge of the west where water touches land  
C Am F C  
You are the east with folded maps in hand  
C Am F C  
Time to increase my frequency!  
C Am F C  
Hands of light and bodies talking, yeah  
C Am F C

Gimme some of that wild fox medicine!

C Am F C  
 But, keep me here in this wild present tense  
 C Am F C  
 Fully supported on new lovers chest  
 C Am F C  
 Dawning adventures sparkle get some rest!  
 C Am F C  
 Dawning adventures sparkle get some rest!  
 C x4 (as in intro)

Refrão

Am F C G  
 So, tap me out and tap me into you  
 Am F C G

Heal my brain and my body too

Am F C G  
 Balance my chemistry hydrate these cells  
 Am F G C  
 Cuz the body talks and meditation helps  
 Am F G  
 The body talks and meditation helps

C Am  
 -ho! A-ho! A-ho! A-ho! A - ho! A-ho! A-ho! A-ho! A -  
 C Am  
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## Acordes

