

# Mabel - Ok (Anxiety Anthem)

tom:  
G  
[Primeira Parte]

Am  
Wake up with a knot in my chest  
C  
Tried everything just to get out of bed  
Em Dm  
It's ain't working, it ain't working

Am  
Sometimes I can get like this  
C  
Cover it up with a smile on my face  
Em Dm  
But I'm hurting, I'm still hurting

[Ponte]

Am  
There are days when the world gets heavy  
Fm  
Sleepless nights, I've had way too many  
Dm Am  
When it's late and no one's around, around  
Am  
Alone in my room and the tears start pouring  
Fm  
Wishing the night was still the morning  
Dm Am  
But tonight, I'ma let them fall down, fall down

[Refrão]

Am  
'Cause it's okay not to be okay  
C  
It's okay if you feel the pain  
Dm  
Don't gotta wipe your tears away  
Fm  
Tomorrow's another day  
Am  
It's okay not to be okay  
C  
It's fine, you're allowed to break  
Dm  
As long as you know, as long as you know  
Fm  
Everything's gonna be okay (everything's gonna be okay)  
Am  
Okay  
Am  
I know, I know, I know, I know  
Fm  
It's not easy  
Am  
But you know, you know, you know, you know  
Fm  
That it gets easier  
Am  
I know, I know, I know, I know  
Fm  
It's not easy  
Am  
But you know, you know, you know, you know  
Fm  
That it gets easier  
[Refrão]

Am  
'Cause it's okay not to be okay  
Dm  
It's okay if you feel the pain  
C  
Don't gotta wipe your tears away  
Fm  
Tomorrow's another day  
Am  
It's okay not to be okay  
C  
It's fine, you're allowed to break  
Dm  
As long as you know, as long as you know  
Fm  
Everything's gonna be okay  
Am  
Okay  
C  
Okay  
Dm  
As long as you know, as long as you know  
Fm  
Everything's gonna be okay  
Am  
Okay

[Segunda Parte]

Am  
Look at you, look at me  
C  
We all going through it if you look  
Em Dm  
beyond the surface, Beyond the surface  
Am  
So what do I do?, Just wear it on my sleeve  
C  
Maybe then, maybe then you'd believe that,  
Em Dm  
I'm hurting, That I'm hurting

[Ponte]

Am  
There are days when the world gets heavy  
Fm  
Sleepless nights, I've had way too many  
Dm Am  
And it feels like there's no way out, way out (there's no way out, no)  
Am  
Alone in my room and the tears stop pouring  
Fm  
Wishing the night was still the morning  
Dm Am  
But tonight, I'ma let them fall down, fall down

[Refrão]

Am  
'Cause it's okay not to be okay  
Dm  
It's okay if you feel the pain  
C  
Don't gotta wipe your tears away  
Fm  
Tomorrow's another day  
Am  
It's okay not to be okay  
C  
It's fine, you're allowed to break (oh oh)  
Dm  
As long as you know, as long as you know  
Fm  
Everything's gonna be okay (everything's gonna be okay)  
Am  
Okay  
Am  
I know, I know, I know, I know  
Fm  
It's not easy  
Am  
But you know, you know, you know, you know  
Fm  
That it gets easier  
Am  
I know, I know, I know, I know  
Fm  
It's not easy  
Am  
But you know, you know, you know, you know  
Fm  
That it gets easier  
[Refrão]

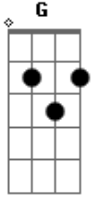
Am  
'Cause it's okay not to be okay  
Dm  
It's okay if you feel the pain  
C  
Don't gotta wipe your tears away  
Fm  
Tomorrow's another day  
Am  
It's okay not to be okay  
C  
It's fine, you're allowed to break (oh oh)  
Dm  
As long as you know, as long as you know  
Fm  
Everything's gonna be okay  
Am  
Okay  
C  
Okay  
Dm  
As long as you know, as long as you know  
Fm  
Everything's gonna be okay  
Am  
Okay  
C  
Okay  
Dm  
As long as you know, as long as you know  
Fm  
Everything's gonna be okay  
Am  
(It's gonna be, gonna be, gonna be)  
Okay  
Fm  
(Gonna be, gonna be, gonna be)  
As long as you know, as long as you know  
Am  
It's gonna be, it's gonna be, it's gonna be okay

Am  
Cause it's okay not to be okay  
Dm

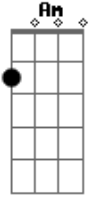
It's fine, you're allowed to break (allowed to break)  
C  
As long as you know, as long as you know  
Fm  
Everything's gonna be okay (everything's gonna be okay)  
Am  
I know, I know, I know, I know  
Fm  
It's not easy  
Am

But you know, you know, you know, you know  
Fm  
That it gets easier (it gets easier)  
Am  
I know, I know, I know, I know  
Fm  
It's not easy  
Am  
But you know, you know, you know, you know  
Fm C  
That it gets easier

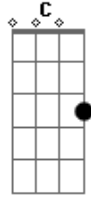
## Acordes



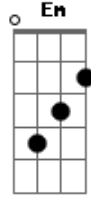
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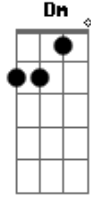
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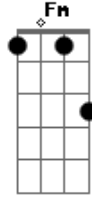
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