

# Green Day - Insomniac (album)

Tom: **A**

- 01. Armatage Shanks
- 02. Brat
- 03. Stuck With Me
- 04. Geek Stink Breath
- 05. No Pride
- 06. Bab's Uvula Who?
- 07. 86
- 08. Panic Song
- 09. Stuart And The Ave.
- 10. Brain Stew
- 11. Jaded
- 12. Westbound Sign
- 13. Tightwad Hill
- 14. Walking Contradiction

Armatage Shanks  
Green Day  
Insomniac  
Lyrics: Billie Joe Armstrong  
Music: Green Day  
Tuning: 1/2 step down (sounds a semitone lower than written here)  
Notes: **A** very simple song from Insomniac.

h = hammer-on  
p = pull-off  
b = bend  
/ = slide up  
\ = slide down  
5 = power chord  
Intro:

Verse (x2)

Chorus

Bridge (x2)

Order  
Intro: Verse 1  
Chorus 1  
Verse 2  
Chorus 1  
Bridge  
Verse 3  
Chorus 1  
Chorus 2  
Intro: Lyrics

Stranded, lost inside myself  
My own worst friend  
And my own closest enemy (Verse 1)  
Branded, maladjusted  
Never trusted anyone  
Let alone myself

I must insist on being a pessimist (Chorus 1)  
I'm a loner in a catastrophic mind

Elected, the rejected  
I perfected the science  
Of the idiot (Verse 2)  
No meaning, and no healing  
Self-loathing freak  
And introverted deviot

(Chorus 1)  
(Bridge)

Stranded, lost inside myself  
My own worst friend  
And my own closest enemy (Verse 3)  
Elected, the rejected  
I perfected the science

Of the idiot

(Chorus 1)

I'm gettin pissed, I'm a worthless pessimist (Chorus 2)  
I'm a loner in a claustrophobic mind

Brat  
Green Day  
Insomniac  
Lyrics: Billie Joe Armstrong  
Music: Green Day  
Tuning: 1/2 step down (sounds a semitone lower than written here)  
Notes: Not much to say, really simple to play.

h = hammer-on  
p = pull-off  
b = bend  
/ = slide up  
\ = slide down  
5 = power chord

Verse

Chorus

Order

Verse 1 (Skip first G-C-G )  
Chorus  
Verse 2  
Chorus  
Bridge (Verse chords)  
Chorus  
End on **G**

Lyrics

Mom and Dad don't look so hot these days  
They're getting over the hill  
Death is closing in and catching up  
As far as I can tell (Verse 1)  
Got a plan of action and cold blood  
And it smells of defiance  
I'll just wait for Mom and Dad to die  
Get my inheritance

Well now I want more  
Cuz I'm getting bored  
And I'm going nowhere fast (Chorus)  
I was once full of doubt  
But it's all figured out  
Well nothing good can last

Crow's feet and rot are setting in  
And time is running out  
My parent's income interest rate (Verse 2)  
Is gaining higher clout  
I'm a snot-nosed slob without a job  
And I know I damn well should  
Mom and Dad don't look so hot these days  
But my future's looking good

(Chorus)  
(Bridge)  
(Chorus)

Stuck With Me  
Green Day  
Insomniac  
Lyrics: Billie Joe Armstrong  
Music: Green Day  
Tuning: 1/2 step down (sounds a semitone lower than written here)

here)  
Notes: Pretty simple song, you'll have to listen closely to get the strumming right.

h = hammer-on  
p = pull-off  
b = bend  
/ = slide up  
\ = slide down  
5 = power chord  
Intro:

Verse

Chorus

Order  
Intro: x2  
Verse 1 (PM first E )  
Chorus  
Verse 2 (PM last E )  
Chorus  
Intro: x4 (use last E from chorus)  
Bass Riff (1..2..3..4) (PM B )  
Chorus

Lyrics

I'm not part of your elite  
I'm just alright  
Class structures waving colours  
Bleeding from my throat  
Not subservient to you  
I'm just alright  
Downclassed by the powers that be  
Give me loss of hope

Cast out, buried in a hole  
Struck down, forcing me to fall  
Destroyed, giving up the fight (Chorus)  
Well I know I'm not alright

What's ny price and will you pay it?  
If it's alright  
Take it from my dignity  
Waste it till it's dead  
Throw me back into the gutter  
Cuz it's alright  
Find another pleasure fucker  
Drag him down to hell

(Chorus)  
(Bridge)  
(Chorus)

=====  
Geek Stink Breath  
Green Day  
Insomniac  
Lyrics: Billie Joe Armstrong  
Music: Green Day  
Tuning: 1/2 step down (sounds a semitone lower than written here)  
Notes: Very simple song

h = hammer-on  
p = pull-off  
b = bend  
/ = slide up  
\ = slide down  
5 = power chord  
Intro:

Verse

Chorus

Order  
Intro: Verse 1 (palm mute)  
Chorus  
Verse 2 (palm mute)

Chorus  
Intro: (x2)  
Verse 3  
Chorus  
Intro: chords x3, End on G

Lyrics

I'm on a mission  
I've made my decision

Slow progression (Verse 1)  
Killin my complexion  
And it's rotting out my teeth

I'm on a roll  
No self-control  
I'm blowing off steam (Chorus)  
With methaphetamine  
I don't know what I want  
And it's all that I've got  
And I'm picking scabs off my face

Every hour  
My blood is turning sour  
And my pulse is beating out of time (Verse 2)  
I found a treasure  
Filled with sick pleasure  
And it sits on a thick white line

(Chorus)  
(Bridge)

I'm on a mission  
I got no decision  
Like a cripple running the rat race (Verse 3)  
Wish in one hand  
Shit in the other  
And see which one gets filled first

(Chorus)

Geek...stink...breath!

=====  
No Pride  
Green Day  
Insomniac  
Lyrics: Billie Joe Armstrong  
Music: Green Day  
Tuning: 1/2 step down (sounds a semitone lower than written here)  
Notes: Another very easy song from this album.

h = hammer-on  
p = pull-off  
b = bend  
/ = slide up  
\ = slide down  
5 = power chord  
Intro: (x2 one guitar, x2 with band)

Verse (x4)

Chorus

Order  
Intro: Verse 1  
Chorus  
Intro: chords x2  
Verse 2  
Chorus  
Intro: chords x6  
Chorus  
Intro: chords x4 ("I got no pride")

Lyrics

Well I am just a mutt  
And nowhere is my home  
Where dignity's a land mine (Verse 1)  
In the school of lost hope  
I've panhandled for life

Because I'm not afraid to beg  
Hand me down your lost and founds  
Of second hand regrets

Better swallow your pride  
Before you choke on it  
Better digest your values  
Because they turn to shit  
Honour's gonna knock you down  
Before your chance  
To stand up and fight  
Well I know I'm not the one  
I got no pride

Sects of disconnection  
And traditions of lost faith  
No culture's worth a stream of piss  
Or bullet in my face  
To hell with unity  
Separation'll kill us all  
Torn to shreds and disjointed  
Before the final fall

(Chorus)  
(Intro)  
(Chorus)

I got no pride

=====

Bab's Uvula Who?  
Green Day  
Insomniac  
Lyrics: Billie Joe Armstrong  
Music: Green Day  
Tuning: 1/2 step down (sounds a semitone lower than written here)  
Notes: Another simple 3 chord punk song off Insomniac.

h = hammer-on  
p = pull-off  
b = bend  
/ = slide up  
\ = slide down  
5 = power chord  
Intro:

Verse

Chorus

Order  
Intro: Verse 1  
Chorus 1  
Verse 2  
Chorus 2  
Verse 1 (keep strumming chords)  
Chorus 2

Lyrics

I got a knack for fuckin everything up  
My temper flies and I get myself all wound up  
My fuse is short and my blood pressure is high  
I lose control and I get myself all wound up  
Tension mounts and I fly up the wall  
I self-destruct and I get myself all wound up  
Petulance and irritation set in  
I throw a tantrum and I get myself all wound up

I hate myself and I'm all wound up  
I hate myself and I'm all wound up  
Loss of control and I'm all wound up  
I lose myself and I'm all wound up

Chip on my shoulder and a leech on my back  
Stuck in a rut and I get myself all wound up  
Killed my composure and it'll never come back  
Loss of control and I get myself all wound up  
Blown out of proportion again  
My temper snaps and I get myself all wound up  
Spontaneous combustion, panic attack  
I slipped a gear and I get myself all wound up

I hate myself and I'm all wound up  
Loss of control and I'm all wound up  
What can I say, I'm afraid  
I'm all wound up

(Chorus 2)

(Verse 1)  
(Chorus 2)

=====

86  
Green Day  
Insomniac  
Lyrics: Billie Joe Armstrong  
Music: Green Day  
Tuning: 1/2 step down (sounds a semitone lower than written here)  
Notes: Pretty easy song.

h = hammer-on  
p = pull-off  
b = bend  
/ = slide up  
\ = slide down  
5 = power chord

Verse (x2, palm mute)

Pre-Chorus (x2)

Chorus (x4)

Bridge

Order

Chorus chords x4  
Verse 1  
Pre-Chorus  
Chorus  
Verse 2  
Pre-Chorus  
Chorus  
Bridge  
Chorus  
End on E

Lyrics

What brings you around?  
Did you lose something  
The last time you were here?  
You'll never find it now  
It's buried deep  
With your identity

So stand aside  
And let the next one pass  
Don't let the door  
Kick you in the ass

There's no return from 86 (x4)  
Don't even try

Exit out the back  
And never show your head  
Around again  
Purchase your ticket  
And quickly take  
The last train out of town

(Pre-Chorus)  
(Chorus)  
(Bridge)  
(Chorus)

=====

Panic Song  
Green Day  
Insomniac  
Lyrics: Billie Joe Armstrong  
Music: Green Day

Tuning: 1/2 step down (sounds a semitone lower than written here)

Notes: The intro may seem rather complicated, but if you really listen to it, it's rather simple.

h = hammer-on  
p = pull-off  
b = bend  
/ = slide up  
\ = slide down  
5 = power chord  
Intro: (bass hits high **B** fast)

Verse (x2) (omit first **B** on first verse)

Chorus

Bridge (x4)

Order  
Intro: Verse 1  
Chorus  
Verse 2  
Chorus  
Bridge

Lyrics

Ready for a cheap escape

Widespread panic  
Broken glass inside my head  
Bleeding down these thoughts of anguish  
Mass confusion  
(Verse 1)

Well the world is a sick machine  
Breeding a mass of shit  
With such a desolate conclusion  
Fill the void with...I don't care  
(Chorus)

There's a plague inside of me  
Eating at my disposition  
Nothing's left  
Torn out of reality  
Into a state of no opinion  
Limp with hate  
(Verse 2)

(Chorus)

I wanna drop out (x4) (Bridge)

=====  
Stuart And The Ave.  
Green Day  
Insomniac  
Lyrics: Billie Joe Armstrong  
Music: Green Day  
Tuning: 1/2 step down (sounds a semitone lower than written here)  
Notes: Pretty simple song, not much else to say.

h = hammer-on  
p = pull-off  
b = bend  
/ = slide up  
\ = slide down  
5 = power chord  
Intro:

Verse

Chorus

Order  
Intro: Verse 1  
Chorus  
Verse 2  
Chorus

Bridge (verse chords)  
Chorus  
End on D-A x2, **D**

Lyrics

Standing on the corner  
Of Stuart and the Avenue  
Ripping up a transfer  
And a photograph of you  
You're a blur of my dead past  
And rotting existence  
As I stand laughing on the  
Corner of insignificance  
(Verse 1)

Well destiny is dead  
In the hands of bad luck  
Before it might have made some sense  
But now it's all fucked up  
(Chorus)

Seasons change as well as minds  
And I'm a two-faced clown  
Mommy's little nightmare  
Driving Daddy's car around  
I'm beat down and half brain-dead  
The long lost king of fools  
I may be dumb but I'm not stupid  
Enough to stay with you  
(Verse 2)

(Chorus)  
(Bridge)  
(Chorus)

=====  
Brain Stew  
Green Day  
Insomniac / Godzilla Soundtrack  
Lyrics: Billie Joe Armstrong  
Music: Green Day  
Tuning: 1/2 step down (sounds a semitone lower than written here)  
Notes: Bass and drums kick in on 1st chorus. For the chord scratches, lightly hold the chord and brush the pick along all the strings to give you funny sounds. Hit some open high **E** and **B** strings during the outro between the chords.

h = hammer-on  
p = pull-off  
b = bend  
/ = slide up  
\ = slide down  
5 = power chord

Main Riff

Order  
Intro: (palm mute main riff twice)  
Verse 1 (main riff x4)  
Chorus (main riff x2)  
Verse 2 (main riff x4)  
Chorus (main riff x2 w/ chord scratches)  
Verse 3 (main riff x4)  
Chorus (main riff x2 w/ chord scratches)  
Verse 2 (main riff x4 with small chord scratches)  
End (main riff x8, strum full chords)  
**A** Fade into Jaded

Lyrics

I'm havin trouble trying to sleep  
I'm countin sheep but runnin out  
As time ticks by, still I try  
No rest for crosstops in my mind  
On my own, here we go  
(Verse 1)

My eyes feel like they're gonna bleed  
Dried up and bulging out my skull  
My mouth is dry, my face is numb  
Fucked up and spun out in my room  
On my own, here we go  
(Verse 2)

My mind is set on overdrive  
The clock is laughing in my face  
Crooked spine, senses dulled  
(Verse 3)

Passed the point of delerium  
On my own, here we go

(Verse 2)

=====  
Jaded  
Green Day  
Insomniac  
Lyrics: Billie Joe Armstrong  
Music: Green Day  
Tuning: 1/2 step down (sounds a semitone lower than written here)  
Notes: Fade in from Brain Stew, played very fast.

h = hammer-on  
p = pull-off  
b = bend  
/ = slide up  
\ = slide down  
5 = power chord  
Intro: (Fade in from Brain Stew)

Verse

Chorus

Order  
Intro: Verse 1  
Chorus  
Verse 2  
Chorus  
Verse chords x4 (no lyrics)  
Chorus  
Verse chords x4 ("In nowhere")  
End on **A**

Lyrics

Somebody keep my balance  
I think I'm falling off  
Into a state of regression  
The expiration date  
Rapidly coming up  
It's leaving me behind to rank  
(Verse 1)

Always move forward  
Going straight will get you nowhere  
There is no progress  
Evolution killed it all  
I found my place in nowhere  
(Chorus)

I'm taking one step sideways  
Leaning with my crutch  
Got a fucked-up equilibrium  
Countdown from 9 to 5  
Hooray we're gonna die  
Blessed into our extinction  
(Verse 2)

(Chorus)  
(Bridge)  
(Chorus)

=====  
Westbound Sign  
Green Day  
Insomniac  
Lyrics: Billie Joe Armstrong  
Music: Green Day  
Tuning: 1/2 step down (sounds a semitone lower than written here)  
Notes: One simple punk song.

h = hammer-on  
p = pull-off  
b = bend  
/ = slide up  
\ = slide down  
5 = power chord

Verse

Chorus (x4)

Bridge

Order

Chorus chords  
Verse 1  
Chorus  
Verse 2  
Chorus  
Bridge  
Verse chords x4  
Chorus chords x6

Lyrics

Boxed up all of her favourite things  
Sold the rest at a rainy yard sale  
Big plans and leaving friends  
And a westbound sign  
Weighed out her choices on a scale  
Prevailing nothing made sense  
Just transportation and a blank decision  
(Verse 1)

She's taking off  
Taking off  
Taking off  
Taking off  
(Chorus)

No time and no copping out  
She's burning daylight and petrol  
Blacked out the rearview mirror  
And westward on  
Strung out on confusion road  
And ten minute nervous breakdowns  
Xanax a beer for thought  
And she's determined

(Chorus)

Oh is it salvation?  
Or an escape from discontent?  
Will she find a name  
In the California cement  
Punched out of the grind  
The punched her once too many times  
Is tragedy 2000 miles away?  
She's taking off  
(Bridge)

=====  
Tight Wad Hill  
Green Day  
Insomniac  
Lyrics: Billie Joe Armstrong  
Music: Green Day  
Tuning: 1/2 step down (sounds a semitone lower than written here)  
Notes: Played pretty fast, another simple song. Any time you stay  
A for a long time, you may go back to **G** for one quick strum.

h = hammer-on  
p = pull-off  
b = bend  
/ = slide up  
\ = slide down  
5 = power chord

Verse

Chorus

Order

Verse 1  
Chorus  
Verse 2  
Chorus  
Bridge (verse chords)  
Chorus  
End on **G G A**

Lyrics

Cheapskate on the hill  
A thrill-seeker making deals  
Sugar city urchin wasting time  
Town of lunatics  
Begging for another fix  
Turning tricks for speedballs  
One more night

(Verse 1)

Making your rounds once again  
Turning up empty-handed  
Bummin a ride  
Burnin daylight  
Last up at dawn  
Tight Wad Hill

(Chorus)

Drugstore hooligan  
Another white trash mannequin  
On display to rot up on the hill  
Living out a lie  
But having the time of his life  
Hating every minute  
Of his existence

(Verse 2)

(Chorus)  
(Bridge)  
(Chorus)

=====

Walking Contradiction  
Green Day  
Insomniac  
Lyrics: Billie Joe Armstrong  
Music: Green Day  
Tuning: 1/2 step down (sounds a semitone lower than written here)  
Notes: Reminiscent of an old Kinks riff, very simple to play.

h = hammer-on  
p = pull-off  
b = bend  
/ = slide up  
\ = slide down

5 = power chord

Verse

Chorus

Order  
Intro: (PM A )  
Verse 1  
Verse chords x2  
Verse 2  
Chorus  
Verse chords x2  
Verse 1  
Chorus x2  
Verse chords x4

Lyrics

Do as I say, not as I do because  
The shit's so deep run can't run away  
I beg to differ, on the contrary  
I agree with every word that you say  
Talk is cheap and lies are expensive  
My wallet's fat and so is my head  
Hit and run and then I'll hit you again  
I'm a smart-ass, but I'm playing dumb

(Verse 1)

Standards set and broken all the time  
Control the chaos behind a gun  
Call it as I see it even if  
I was born deaf, blind, and dumb  
Losers winning big on the lottery  
Rehab rejects still sniffing glue  
Constant refutation with myself  
I'm a victim of a catch 22

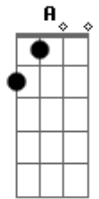
(Verse 2)

I have no belief  
But I believe I'm a  
Walking contradiction  
And I ain't got no right

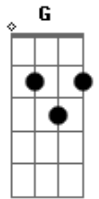
(Chorus)

(Verse 1)  
(Chorus x2)

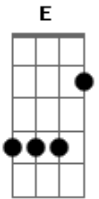
# Acordes



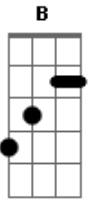
© ukulele-chords.com



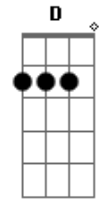
© ukulele-chords.com



© ukulele-chords.com



© ukulele-chords.com



© ukulele-chords.com