

Amy Winehouse - Help Yourself

Tom: B

Intro:

A D E (x2)

Verse 1:

A D
When I walk in your shoes
Dbm E
I understand a man confused
A D
There must have been but I don't care
Dbm E
I feel the way your soul does there
A D
Darling they empathise
Dbm E
Looking through your bloodshot eyes
A D
And I know you you're so frustrated
Dbm E
Above we all become what we once hated

Bridge 1:

Bm E7 Bm E7
Be slight nobody can be that wise

Chorus 1:

A
I can't help ya
D
If you won't
E A D E
Help your-self
A
I can't help ya
D
If you don't
E A D E
Help your-self
A
You can only get
D E A D E
So much from someone else
A
I can't help ya
D
If you won't
E A D E
Help your-self

Verse 2:

A D
You've got a degree a in philosophy
Dbm E

So you think you're clever-er than me
A D
But I'm not just some drama queen
Dbm E
Cos it's where you're at not where you've been
A D
So what do you ex-pect from me
Dbm E
To hold your head a-bove the sea
A D
And there are you even though you're bigger
Dbm E
Cos don't you know you crush my tiny figure

Bridge 2:

Bm E7
And anyway we're still so young
Bm E7
And this isn't yet the day

Chorus 2:

A
I can't help ya
D
If you won't
E A D E
Help your-self
A
I can't help ya
D
If you don't
E A D E
Help your-self
A
You can only get
D E A D E
So much from someone else
A
I can't help ya
D
If you won't
E A D E
Help your-self

Middle 8:

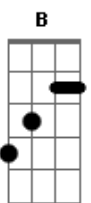
D B7
You might be twenty-five but in my mind
A Ab A Gb7
I see you at sixteen years old most of the time
D B7
And I'm just a child and you're full grown
Bm E
And no I'm nothing like I've ever known

Instrumental:

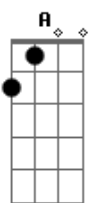
A D E

(Repeat to Fade)

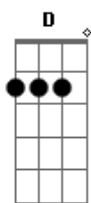
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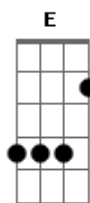
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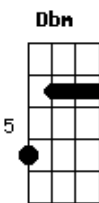
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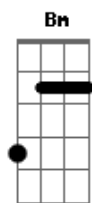
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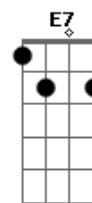
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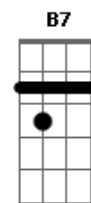
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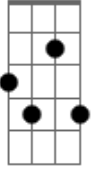


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Gb7



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