

# Amy Winehouse - Help Yourself

Tom: B

Intro:

A7M D7M E (x2)

Verse 1:

A7M D7M  
When I walk in your shoes  
Dbm7 E  
I understand a man confused  
A7M D7M  
There must have been but I don't care  
Dbm7 E  
I feel the way your soul does there  
A7M D7M  
Darling they empathise  
Dbm7 E  
Looking through your bloodshot eyes  
A7M D7M  
And I know you you're so frustrated  
Dbm7 E  
Above we all become what we once hated

Bridge 1:

Bm7 E7 Bm7 E7  
Be slight nobody can be that wise

Chorus 1:

A7M  
I can't help ya  
D7M  
If you won't  
E A7M D7M E  
Help your-self  
A7M  
I can't help ya  
D7M  
If you don't  
E A7M D7M E  
Help your-self  
A7M  
You can only get  
D7M E A7M D7M E  
So much from someone else  
A7M  
I can't help ya  
D7M  
If you won't  
E A7M D7M E  
Help your-self

Verse 2:

A7M D7M  
You've got a degree a in philosophy  
Dbm7 E

So you think you're clever-er than me  
A7M D7M  
But I'm not just some drama queen  
Dbm7 E  
Cos it's where you're at not where you've been  
A7M D7M  
So what do you ex-pect from me  
Dbm7 E  
To hold your head a-bove the sea  
A7M D7M  
And there are you even though you're bigger  
Dbm7 E  
Cos don't you know you crush my tiny figure

Bridge 2:

Bm7 E7  
And anyway we're still so young  
Bm7 E7  
And this isn't yet the day

Chorus 2:

A7M  
I can't help ya  
D7M  
If you won't  
E A7M D7M E  
Help your-self  
A7M  
I can't help ya  
D7M  
If you don't  
E A7M D7M E  
Help your-self  
A7M  
You can only get  
D7M E A7M D7M E  
So much from someone else  
A7M  
I can't help ya  
D7M  
If you won't  
E A7M D7M E  
Help your-self

Middle 8:

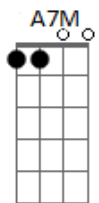
D7M B7  
You might be twenty-five but in my mind  
A7M Ab A7M Gb7  
I see you at sixteen years old most of the time  
D7M B7  
And I'm just a child and you're full grown  
Bm7 E  
And no I'm nothing like I've ever known

Instrumental:

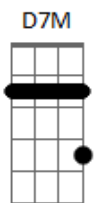
A7M D7M E

(Repeat to Fade)

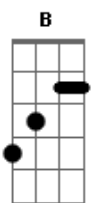
## Acordes



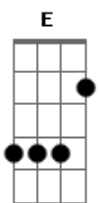
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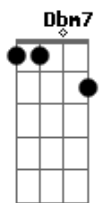
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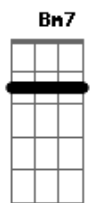
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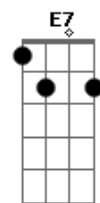
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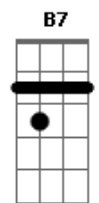
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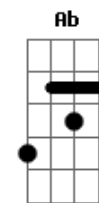
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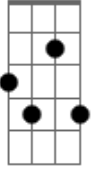


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**Gb7**



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